

[PDF] Walking In This World: Further Travels In The Artist's Way

Julia Cameron, Barbara Caruso - pdf download free book

Books Details:

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Author: Julia Cameron, Barbara Carus

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Description:

From Publishers Weekly Touted as the long-awaited sequel to *The Artist's Way*, Cameron's latest is so similar in look and format to the original that they could be sold in a boxed set. Previous follow-ups, including *The Vein of Gold* and *The Right to Write* and a slew of little spin-offs, here give way to a 12-week course of encouragement and exercises promoted as an intermediate level of *The Artist's Way* (inviting us to anticipate an advanced volume). At first and for a long way into the book, we encounter the wheel-greasing exercises that worked magic for millions, helping people discover their innate creativity by devising gentle ways around the myriad obstacles that block us (e.g., listing things we would secretly love to do.) Cameron re-introduces the basic tools the daily morning exercise of hand-writing three free-flowing pages and the weekly solitary "artist's date," designed to

help us romance our inner artists and she adds the ancient practice of walking as a means of getting in touch with our deeper feelings and truer thoughts (hence the title). "When I can, I walk with friends, noting how companionable our silences become, how effortlessly deep our conversations," Cameron writes. Cameron does indeed capture the feeling of strolling and talking with an old and trusted guide. Her core insights are the same as in earlier volumes, yet her words seem to have grown wiser. She writes about the distractions of success, and about the long solitary stretches "climbing the glass mountain" it takes to bring a large-scale creative project to completion. Her latest book reveals how reaching higher also means going deeper. 10-city author tour. Copyright 2002 Reed Business Information, Inc. --This text refers to an out of print or unavailable edition of this title.

From Library Journal Cameron had an international best seller with *The Artist's Way*, which outlined a program that encouraged the reader's innate creativity. Here she extends her discussion of the topic. Aimed at practicing artists-and she considers everyone from full-time pianists to part-time pie makers to be such-Cameron explains how creating a work, whether it's a novel or a nosegay, puts people deeply in touch with the Great Creator. Then, in the form of a 12-week program, she outlines steps and exercises to nourish the "artist within." Some of these ideas, such as the pages she recommends writing every morning, will be familiar to readers of her previous work. Others, which are meant to help readers discover traits such as dignity, authenticity, and discernment, are new. Given Cameron's obvious familiarity with, and fondness for, the artistic temperament, this book is essential for public libraries serving "arty" communities. Most other public libraries will want a copy as well, since Cameron's broad definition of creativity will resonate with many patrons.

Pam Matthews, MLS, Olmsted Falls, OH

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