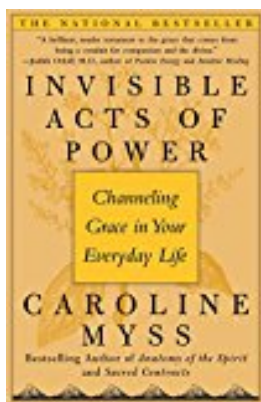


[PDF] Invisible Acts Of Power: The Divine Energy Of A Giving Heart

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Description:

From **Publishers Weekly** Bestselling author Myss (*Sacred Contracts; Anatomy of the Spirit*) began preparing for this book with two small acts of kindness involving simple assistance with literal baggage. They inspired her to muse, "What really takes place when you respond to someone in need?... the action itself, the lifting of a heavy piece of luggage... may be small. But the energy that is channeled through that action is the high-voltage current of grace." The multiplied strength of the

aid she received prompted her to explore stories of like kind. Soliciting through her e-newsletter and Web site, she received over 1,200 responses in six days from people all over the world who had either given or provided some form of grace or assistance. After a cogent introduction, Myss organizes these stories around the "seven classic stages of spiritual development," expressed in the body's seven chakras or energy centers. She devotes chapters to gifts of the earth; financial and creative support; self-esteem; the heart; choice; wisdom; and the Spirit. Chapters conclude with questions to aid life assessment and prayers. The multicultural references throughout strengthen this universal, timely message that can be enjoyed and utilized by people everywhere.

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Review "*Invisible Acts of Power* is a wonderful account of the chakras (or energy centers) in the human bodymind and their special role in spiritual grace, gifts, and empowerment. A magical and moving handbook of your own deepest and divine powers."

-- Ken Wilber, author of *A Brief History of Everything*

"A brilliant, tender testament to the grace that comes from being a conduit for compassion and the divine."

-- Judith Orloff, M.D., author of *Positive Energy* and *Intuitive Healing*

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